




Grow For Health Plant Sale 2020

Available Plant List

KEY

-  = Traditional Chinese Medicinal Herb
-  = Shade Loving
-  = Good For Containers

ANNUALS (ALL ANNUALS ARE SUITABLE FOR SEASONAL COLOR IN CONTAINERS)

Botanical Name	Common Name	TCM Name	Symbols
<i>Artemisia annua</i>	Sweet Annie	Qing Hao	 
<i>Asclepias curassavica</i>	Blood Flower	Lian Sheng Gui Zi Hua	 
<i>Calendula officinalis</i>	Calendula		
<i>Celosia cristata</i>	Cockscomb	Ji guan hua	 
<i>Gomphrena globosa</i>	Globe Amaranth	Qian Ri Hong	 
<i>Impatiens balsamina</i>	Garden Balsam	Tou Gu Sou	 
<i>Lobelia erinus</i> 'Crystal Palace'	Crystal Palace Lobelia		
<i>Lobularia maritima</i>	Sweet Alyssum		
<i>Matricaria recutita</i>	German Chamomile		
<i>Matthiola incana</i>	Stocks		 
<i>Nicotiana glauca</i>	Jasmine Tobacco		
<i>Nigella arvensis</i>	Black Cumin		
<i>Ocimum africanum</i>	Tulsi basil		
<i>Ocimum basilicum</i>	Genovese Basil		
<i>Talinum paniculatum</i>	Fameflower	Tu Ren Shen	 
<i>Tropaeolum majus</i>	Nasturtium		
<i>Viola wittrockiana</i>	Swiss Giant Pansy		

PERENNIALS

Botanical Name	Common Name	TCM Name	Symbols
<i>Agastache rugosa</i>	Korean Mint	Tu Huo Xiang	
<i>Allium tuberosum</i>	Garlic Chives	Jiu Cai Zai	
<i>Anaphalis margaritacea</i>	Pearly Everlasting		
<i>Angelica dahurica</i>	Chinese Angelica	Bai Zhi	
<i>Aquilegia canadensis</i>	Eastern Red Columbine		
<i>Artemisia ludoviciana</i>	White Sagebrush		
<i>Asclepias speciosa</i>	Showy Milkweed		
<i>Aster tataricus</i>	Tartarian aster	zǐ wǎn	
<i>Aucklandia lappa</i>	Costus	Mu Xiang	 
<i>Belamcanda chinensis</i>	Blackberry Lily	She Gan	
<i>Chrysanthemum morifolium</i>	Chrysanthemum	Ju Hua	
<i>Platycodon grandiflorus</i>	Balloon Flower	Jie Geng	
<i>Cymbopogon flexuosus</i>	East Indian Lemongrass		
<i>Dianthus superbus</i>	Fringed Pink	Qu Mai	
<i>Echinacea purpurea</i>	Purple Coneflower		
<i>Hosta 'Undulata Albomarginata'</i>	Variiegated Hosta		
<i>Iris foetidissima</i>	Gladwin Iris		
<i>Lilium lancifolium</i>	Tiger Lily	Bai He	
<i>Meconopsis cambrica</i>	Welsh Poppy		
<i>Mentha haplocalyx</i>	Chinese Peppermint	Bo He	
<i>Monarda fistulosa</i>	Bee Balm		
<i>Patrinia scabiosifolia</i>	Patrinia	Bai Jiang Cao	
<i>Platycodon grandiflorus</i>	Balloon Flower	Jie Geng	
<i>Salvia miltiorrhiza</i>	Chinese Red Sage	Dan Shen	
<i>Ratibida columnifera</i>	Mexican Hat		
<i>Sanguisorba officinalis</i>	Great Burnet	Di Yu	
<i>Scrophularia buergeriana</i>	Figwort	xuán shēn	
<i>Scutellaria baicalensis</i>	Baikal Skullcap	Huang Qin	



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SHRUBS

Botanical Name	Common Name	TCM Name	Symbols
Azalea	unknown red cultivar		
Forsythia suspensa	Weeping Forsythia	Lian Qiao	
Rosmarinus officinalis 'Barbeque'	Rosemary 'Barbeque'		
Clerodendrum trichotomum	Harlequin Glorybower	chòu wú tóng	

TREES

Botanical Name	Common Name	TCM Name	Symbols
Crataegus pinnatifida	Chinese Hawthorn	Shan Zha	

VINES

Botanical Name	Common Name	TCM Name	Symbols
Codonopsis pilosula	Poor Man's Ginseng	Dang Shen	
Fallopia multiflora	Chinese Knotweed (Fo Ti)	hé shǒu wū (yě jiāo téng)	
Schisandra chinensis	Magnolia Vine	Wǔ Wèi Zǐ	

GROUND COVERS

Botanical Name	Common Name	Symbols
Blechnum penna-marina	Alpine Water Fern	
Epimedium x perralchicum 'Frohnleiten'	Frohnleiten Epimedium	
Epimedium x warleyense 'Orange Queen'	Orange Queen Epimedium	
Epimedium zhushanense	Zhushan Fairy Wings	
Galium odoratum	Sweet Woodruff	
Ophiopogon planiscapus 'Nigrescens'	Black Mondo Grass	
Sedum 'Angelina'	Angelina Stonecrop	

Grow For Health Plant Sale 2020
is a fundraiser to support
low-cost acupuncture medicine
for needy seniors
in Snohomish County

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Please make a donation in addition to your
purchase today!

