




Grow For Health Plant Sale 2019

Available Plant List

KEY

-  = Traditional Chinese Medicinal Herb
-  = Shade Loving
-  = Good For Containers

ANNUALS ALL ANNUALS ARE SUITABLE FOR SEASONAL COLOR IN CONTAINERS)

Botanical Name	Common Name	TCM Name	Symbols
<i>Asclepias curassavica</i>	Blood flower	Lian Sheng Gui Zi Hua	 
<i>Calendula officinalis</i>	Calendula		
<i>Celosia cristata</i>	Cockscomb	Ji guan hua	 
<i>Gomphrena globosa</i>	Globe amaranth	Qian Ri Hong	 
<i>Impatiens balsamina</i>	Garden balsam	Tou Gu Sou	 
<i>Lobularia maritima</i>	Sweet alyssum		
<i>Matricaria recutita</i>	German chamomile		
<i>Matthiola incana</i>	Stocks		 
<i>Nicotiana glauca</i>	Jasmine tobacco		
<i>Nigella arvensis</i>	Black cumin		
<i>Ocimum basilicum</i>	Basil		
<i>Perilla frutescens</i>	Perilla	Zi Su Ye	 
<i>Talinum paniculatum</i>	Fameflower	Tu Ren Shen	 
<i>Tropaeolum majus</i>	Nasturtium		

PERENNIALS




Botanical Name	Common Name	TCM Name	Symbols
<i>Agastache rugosa</i>	Korean mint	Tu Huo Xiang	
<i>Allium tuberosum</i>	Garlic chives	Jiu Cai Zai	
<i>Anaphalis margaritacea</i>	Pearly everlasting		
<i>Angelica dahurica</i>	Chinese angelica	Bai Zhi	
<i>Aquilegia canadensis</i>	Eastern red columbine		
<i>Artemisia ludoviciana</i>	Western Sagebrush		
<i>Asclepias speciosa</i>	Showy Milkweed		
<i>Aucklandia lappa</i>	Costus	Mu Xiang	 
<i>Belamcanda chinensis</i>	Blackberry lily	She Gan	
<i>Chrysanthemum morifolium</i>	Chrysanthemum	Ju Hua	
<i>Codonopsis pilosula</i>	Poor man's ginseng	Dang Shen	 
<i>Dianthus superbus</i>	Fringed pink	Qu Mai	
<i>Echinacea purpurea</i>	Purple coneflower		
<i>Hosta 'Undulata Albomarginata'</i>	***		
<i>Lilium lancifolium</i>	Tiger lily	Bai He	
<i>Meconopsis cambrica</i>	Welsh poppy		
<i>Mentha haplocalyx</i>	Corn mint	Bo He	
<i>Monarda fistulosa</i>	Bee balm		
<i>Patrinia scabiosifolia</i>	Patrinia	Bai Jiang Cao	
<i>Platycodon grandiflorus</i>	Balloon flower	Jie Geng	
<i>Salvia miltiorrhiza</i>	Red sage	Dan Shen	
<i>Ratibida columnifera</i>	Mexican hat		
<i>Sanguisorba officinalis</i>	Great burnet	Di Yu	
<i>Scutellaria baicalensis</i>	Baikal skullcap	Huang Qin	
<i>Valeriana officinalis</i>	Valerian		

(SEE REVERSE FOR EVEN MORE PLANTS)





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SHRUBS

Botanical Name	Common Name	TCM Name	Symbols
Azalea	unknown red cultivar		 
Forsythia suspensa	Weeping forsythia	Lian Qiao	
Rosmarinus officinalis 'Barbeque'	Rosemary 'Barbeque'		

TREES

Botanical Name	Common Name	TCM Name	Symbols
Crataegus pinnatifida	Chinese hawthorn	Shan Zha	
Pinus bungeana	Lacebark pine		

GROUND COVERS

Botanical Name	Common Name	Symbols
Epimedium x warleyense 'Orange Queen'	Orange Queen epimedium	
Galium odoratum	Sweet woodruff	
Sedum 'Angelina'	Angelina stonecrop	

Grow For Health Plant Sale 2019
is a fundraiser to support
low-cost acupuncture medicine
for needy seniors
in Snohomish County

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your purchase today!

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